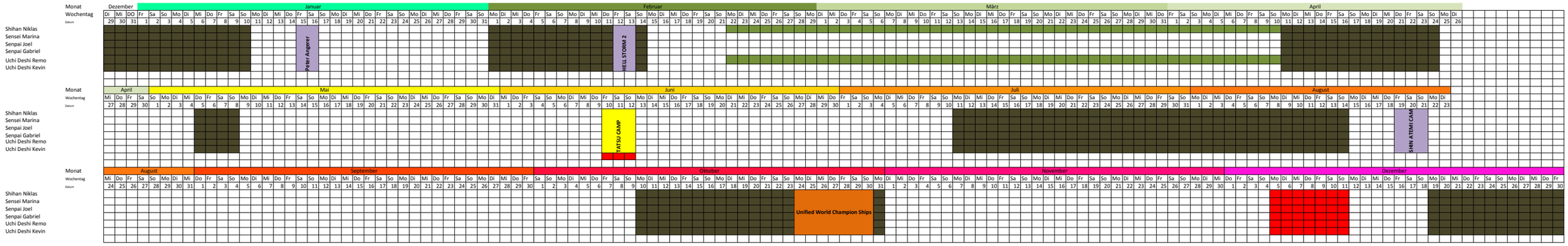JAHRESPLAN BUDOKAI MELS 2016